

## **Dr. Sushmita Chakraborty**

Sushmita Chakraborty (Assistant Professor in Psychology) joined NCERT on 12<sup>th</sup> January, 2009. Prior to joining NCERT she had teaching experience as Guest lecturer in Department of Psychology, Calcutta University and undertook courses in Social Psychology for undergraduate students. She also taught in the Department of Psychology, Bethune College (a premiere college under Calcutta University) on Psychophysics, Physiology, Statistics and Social Psychology. Besides teaching experience Dr. Chakraborty has also had experience of working with reputed NGOs working for education and protection of deprived urban children living in slums, railway platforms and squatter colonies.

Dr. Chakraborty has a doctorate in Social Psychology of Education from Zakir Hussain Centre for Educational Studies, JNU, New Delhi. Her doctoral work was on 'Identity Styles of Adolescents in School and their Cognitive and Affective Functioning'. She had done her M. Phil from the same institution and had worked on 'Identity Styles, Cognitive Planning and Academic performance of Female Adolescents. Prior to this she had completed her Masters in Psychology securing 2<sup>nd</sup> position from the Centre for Advanced study, Department of Psychology, Utkal University, Bhubaneswar, Odisha. Her MA thesis was on 'The subjective components of psychological well – being in Indian adolescents: An idiographic investigation using the Lens Model'.

In her ten years of service in NCERT she has been involved in doing several researches as a principal investigator in developing understanding of various psychological perspectives in teaching-learning (eg. student's engagement, psychological perspective in learning of mathematics in elementary stage, adolescent's perception of their needs and concerns etc.). Research projects were funded by NCERT and ERIC. She was a core team member for developing of the training package for *National Initiative for School Heads' and Teachers' Holistic Advancement (NISHTHA)*, an initiative by MHRD, GOI for integrated teacher training programme for elementary teachers and school leaders. She was closely involved in developing the module on '*Personal – Social Qualities for creating a safe and healthy Environment in Schools*'. Dr. Chakraborty was also involved as core team member in the development of a standardized aptitude test (*TAMANNA*) for senior school students. Beside she has also coordinated the one-year Diploma Course in Guidance and Counselling for several years and has been

teaching human development and adjustment and assessment and appraisal in Guidance and Counselling. She has also developed reading materials for teacher counsellors on different affective and behavioural concerns of adolescents (such as emotional competence etc.) and other documents on Guidance and counselling along with faculty members in the Department.

She has been actively conducting several training sessions and capacity building programmes for guidance and counselling personnel in many states, teachers and teacher educators across the country on guidance and counselling concerns (some of the states being – Delhi, Gujarat, Maharashtra, Andhra Pradesh, Meghalaya, Sikkim, Mizoram, Tripura, Uttarakhand, Himachal Pradesh, Uttar Pradesh, Karnataka, Jammu and Kashmir). She has also been engaged with taking live interactive sessions on Swayam Prabha Channel for helping students to deal with mental health and well-being as well as examination related stress and anxiety.

Her area of interest lies in social and cognitive development of children and adolescents, interconnectedness of social issues in learning. She looks forward to contribute towards teacher preparedness in engaging students with schooling and learning and incorporate the philosophy of ‘Integral Psychology’ in school education. As an academician she has participated in many national and international seminars, workshops and has publications to her credit.

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